Regaining walking ability



Regaining walking ability

- M.H. born at 1980,
- Slow yet apparently "normal" development up until one year of age,
- At second year development was halted and beginning of hand mannerisms,
- Started walking at age two,
- From medical records:
 - December, 2002: "Until three month ago walking with support. Since than an increase in spasticity leading to loss of walking ability.
 - January, 2003: "Does not stand, full loss of walking ability.





Daily program

- Walking drills,
- Independent walking (with walking frame),
- Gradual reduction of wheelchair usage
- Staff guidance.
- Increase Baclofen intake



In PT sessions

- Improve range of motion
- Reduce rigidity
- Improve equilibrium
- Enhance walking ability
- enable stairs ascending\descending

Walking a year ago



Independent walking today



Down the stairs – A year ago



Down the stairs — Today



Up the stairs – A year ago



Summation

In some cases it might be possible to regain walking abilities of individuals with RS who have lost these abilities